

If you are 60 years
of age or older you
may qualify for
FREE:

- Canned fruits
- Canned
vegetables
- Canned juices
- Milk
- Cheese
- Peanut Butter
- Cereal
- Meat/Fish



**Contact Harley at:
(701) 746-5431 or
hfleming@rrvca.com**

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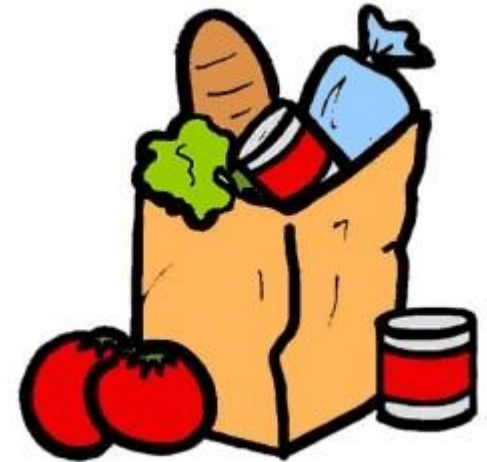
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Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Ave, SW
Washington, DC 20250-9410;

Fax: (202) 690-7442; or

Email: program.intake@usda.gov

Commodity Supplemental Food Program



**Red River Valley Community Action
4212 Gateway Dr
Grand Forks, ND 58203
(701) 746-5431**

**This institution is an equal
opportunity provider.**



Commodity Supplemental Food Program

Community Action Agencies across North Dakota are administering a food program.

The program is for low-income, elderly persons (60 years of age and older).

Complete an application to be determined eligibility and recertify annually.

Red River Valley Community Action serves four counties in the surrounding area:

Grand Forks,
Nelson
Pembina,
Walsh

Distribution

The program provides one box and one bag of groceries to each qualified senior at no charge! Each client receives 60 pounds of groceries on a bi-monthly basis.

Clients are encouraged to pick up their groceries on designated days. Deliveries will be available on a basis of availability of volunteers and are not guaranteed. Clients are encouraged to call ahead to find out if delivery is going to be available.

RRVCA Goal

Red River Valley Community Action serves 750 persons in the surrounding four counties (Grand Forks, Nelson, Pembina, and Walsh). The goal is to serve all seniors in need!

**Red River Valley
Community Action
4212 Gateway Dr
Grand Forks, ND 58203
(701) 746-5431**

701) 746-0406 FAX



Volunteers Are Needed for Packing and Delivery!

Commodities are pre-packed in heavy duty grocery bags and boxes and are prepared for distribution at the Red River Valley Community Action in Grand Forks.

Please contact Harley at (701) 746-5431 if interested.

