

Who can use PLUS?

Any family who:

- Lives in Grand Forks County
- Has a child between the ages of birth and 17 living in the home
- Is participating voluntarily

What is the cost of PLUS?

PLUS services are provided at no cost to the family.

- No income verification or insurance required.



If you are interested in the PLUS Program or would like to make a referral on behalf of a family, please contact:

PLUS

Parents Learning and Understanding Supports

Kim Hanson, LCSW– Director

(with the assistance of student interns)

701-213-9945

701-777-0407 (fax)

und.plus@email.und.edu

Location:
University of North Dakota
Gillette Hall Room 2
Stop 7135
225 Centennial Drive
Grand Forks, ND 58202



PLUS

Parents Learning and Understanding Supports

Promoting safety, well-being, and stability for children and families through education, support, and resource connection

What is PLUS?

- **Service Coordination:** PLUS provides intense service coordination to strengthen families by connecting them with resources and supports.
- **Community Based Services:** PLUS strives to accommodate our families' busy schedules and transportation needs by meeting with families in their homes or other convenient locations at times that work for them.
- **Short-Term, Strengths-Based Family Support:** PLUS will engage families on a short-term basis to highlight and build upon what the family strengths are and how they can use these strengths to meet current and future challenges.
- **Individualized Services:** Families tell us what they need and PLUS assists them in meeting their goals.

Who is PLUS?



A collaboration of:

- Grand Forks County Social Services
- Lutheran Social Services of North Dakota
- Northeast Human Service Center
- Red River Valley Community Action
- University of North Dakota Department of Social Work

to provide early intervention to strengthen families through education, support, and connection to resources.

PLUS will assist families in making connections with and referrals for:

- Housing
- Obtaining Healthcare
- Employment
- Drug and/or Alcohol Use
- Violence in the Home
- Nutrition
- Mental Health Needs
- Parenting Education & Support
- Budgeting
- Transportation
- SSI/SSDI
- Developmental Disabilities

